

VITA

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EDUCATION

B.A. 1955 Brooklyn College
Major Area: Psychology; Education

M.A. 1956 Boston University
Major Area: Psychology

Ph.D. 1961 Boston University
Major Area: Clinical Psychology

1963-1967 Psychoanalytic training at Postgraduate Center for Mental Health, New York, N.Y.
Certification in Psychoanalysis and Psychotherapy

PROFESSIONAL EXPERIENCE

CLINICAL

1991-present: Training Analyst and Senior Supervisor, Contemporary Center for Advanced Psychoanalytic Studies

1980-present: Training Analyst and Senior Supervisor, Postgraduate Center for Mental Health

1974-1990: Training Analyst and Senior Supervisor, N.J. Institute for Mental Health Education

1980-present: Training Analyst and Senior Supervisor, Training Institute for Mental Health

1969-present: Full-time private practice in individual and group psychotherapy

1967-1969: Specialty training program in Supervision of the Therapeutic Process at Postgraduate Center for Mental Health

1961-1966: Staff Psychologist at New York VA Hospital. Individual and group psychotherapy with hospitalized and out-patient population. Diagnostic testing. Supervision of eight to ten psychology trainees per year in individual and group psychotherapy and diagnostic testing. Conduct teaching seminar in psychotherapy for psychology trainees. Lectures to psychiatric residents on psychological test assessment.

1957-1960: Clinical Psychology Trainee at Brockton and Boston VA installations. Diagnostic testing and individual and group psychotherapy in both a hospital and out-patient setting.

ADMINISTRATIVE

1984-2003: Director, Training Program in Supervision of the Psychotherapeutic Process, Postgraduate Center for Mental Health. Position involves administering a two year program in which psychotherapists are trained in the acquisition of supervisory skills.

1991-2002: Dean of Training, Contemporary Center for Advanced Psychoanalytic Studies

1991-2002: Director, Training Program in Supervision of the Psychotherapeutic Process, Contemporary Center for Advanced Psychoanalytic Studies

1966-1969: Coordinator, Psychology Training Program, New York VA Hospital. Responsible for the planning, organization, and operation of the training program in Clinical and Counseling Psychology. The position involved providing administrative and professional supervision of the program in the following ways: (a) arranging for supervised experience in psychological skills such as diagnostic testing, individual and group psychotherapy, etc. for 10-15 pre and post doctoral students per year from five New York City Universities. (b) responsibility for selecting and scheduling psychology training consultants for two weekly Psychology Seminars. (c) Supervision of six Ph.D. staff psychologists in their work with the pre and post doctoral students. (d) serve as Acting Chief of the Psychology Service in the absence of the Chief.

1974-1978: Board of Directors, Eastern Group Psychotherapy Society

1976-1981: Chairman of the Referral Service, Eastern Group Psychotherapy Society

1980-1984: Co-Chairman, Symposium Committee, American Group Psychotherapy Association.

1981-1985: Editorial Board, GROUP-the Journal of the Eastern Group Psychotherapy Society

ACADEMIC

1991-present: Faculty, Contemporary Center for Advanced Psychoanalytic Studies

1970-present: Faculty, Postgraduate Center for Mental Health

1974-1990: Faculty, New Jersey Institute for Mental Health Education

1979-present: Faculty, Training Institute for Mental Health

1978-1985: Consultant in Group Psychotherapy, East Orange, N.J. VA Hospital

1969-1971: Consultant in Group Psychotherapy, Matteawan State Hospital

1967-1968: Clinical Associate for the Practicum in Diagnostic Testing at New York University

1959-1961: Boston University-Instructor in Child Psychology and Psychology of Adolescence

RESEARCH

1960-1962: Research Psychologist for NIMH project studying attitudes toward mental illness and personality characteristics among psychiatric aides. Functions included development of research design, selection of measurement devices, statistical analysis of data, interpretation of results, write up and publication of findings. Communication of research formulations, procedures, and findings through conferences, lectures to professional groups, and presentation of papers at professional conventions.

1961-1969: Supervise the development of 1-2 doctoral research projects each year

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

American Psychological Association
New Jersey Psychological Association
American Group Psychotherapy Association
Eastern Group Psychotherapy Society
Postgraduate Psychoanalytic Society

AWARDS AND CERTIFICATION

1962-New York State Certification
1971-New Jersey Licence
1964-Postgraduate Center for Mental Health Annual Memorial Award for paper on "The Psychopathic Style of Life and Its Defensive Function"
1979-Awarded Fellowship status, American Group Psychotherapy Association
1985-Postgraduate Center for Mental Health Annual Memorial Award for paper on "The Application of Separation-Individuation Theory to Analytic Group Psychotherapy"
1999-Postgraduate Center for Mental Health Author Recognition Award
1999-Contemporary Center for Advanced Psychoanalytic Studies-Distinguished Career in Psychoanalysis Award
2000-Contemporary Center for Advanced Psychoanalytic Studies-Distinguished Contribution Award
2001-Contemporary Center for Advanced Psychoanalytic Studies-Distinguished Ten Year Leadership Award
2001-Contemporary Center for Advanced Psychoanalytic Studies-The Founding Fellow Award
2001-Contemporary Center for Advanced Psychoanalytic Studies-Distinguished Publication Award
2003-Postgraduate Center for Mental Health Alumni Award for Scholarship and Professional Service in the Field of Psychoanalysis
2005-Postgraduate Center for Mental Health-Honoree at Gala Reception-Lifetime Achievement Award

BOOKS

"Illusion and Disillusionment: Core Issues in Psychotherapy", 1999, Jason Aronson Press, Northvale, N.J.
"Sports Heroes, Fallen Idols: How Star Athletes Pursue Self Destructive Paths and Jeopardize Their Careers", 2005, University of Nebraska Press, Lincoln Nebraska.

PUBLICATIONS AND PAPERS

Teitelbaum, S.H. "The psychopathic style of life and its defensive function." *Amer. J. Psychotherapy*, 19, Jan. 1965, 126-136.

Teitelbaum, S.H. and Suinn, R.M. "A group therapy program with orthopedic patients." *Group Psychotherapy*, March 1964, 17, 49-55.

Vaughn, R.M., Teitelbaum, S.H., and Kumpan, H. "A research project in psychiatric aide training." *Amer. J. Psychiatry*, 1962, 555-559.

Teitelbaum, S.H. "Humanistic and custodial orientations in relation to change in job performance of psychiatric aides." Paper presented at Eastern Psychological Association, Atlantic City, N.J., 1962.

Teitelbaum, S.H. "Aspects of the contract in psychotherapy supervision." Paper presented at Postgraduate Center for Mental Health, 1980.

Teitelbaum, S.H. "The application of separation-individuation theory to analytic group psychotherapy." *Psychotherapy: Theory, Practice, and Research*, 1981, 18, No. 4, 436-440.

Teitelbaum, S.H. Book Review of "The Courage to Change" by Edrita Fried. *GROUP*: Spring 1982, 6, No. 1, 57-59.

Teitelbaum, S.H. "Parameters in group psychotherapy with narcissistic and borderline patients." *GROUP*: Fall 1982, 6, No. 3, 3-5.

Teitelbaum, S.H., "Therapeutic ingredients of change in group psychotherapy." *Int. J. Group Psychotherapy*, Oct. 1982, 32, No. 4, 413-415.

Teitelbaum, S.H. "Issues in psychoanalytic supervision." Paper presented at Division 39 Conference, San Diego, CA, 1984.

Teitelbaum, S.H. "Helping psychologists in supervision." *New Jersey Psychologist*, Summer 1987, 37, No. 3, 13-14.

Teitelbaum, S.H. "Supertransference: the role of the supervisor's blind spots." *Psychoanalytic Psychology*, 1990, 7(2), 243-258.

Teitelbaum, S.H. "Aspects of the contract in psychoanalytic supervision." *Psychoanalysis and Psychotherapy*, Spring 1990, 8, No. 1, 95-98.

Teitelbaum, S.H. "The impact of psychoanalytic supervision on the development of professional identity." *Psychoanalysis and Psychotherapy*, Summer 1990, 8, No. 1, 3-4.

Teitelbaum, S.H. "The impact of psychoanalytic supervision on the development of professional identity." Paper presented at the International Federation on Psychoanalytic Education, New York, N.Y., 1993.

Teitelbaum, S.H. "The changing scene in psychoanalytic supervision." Paper presented at Division 39 Conference, Washington, D.C. 1994.

Teitelbaum, S.H. "The impact of the supervisory style upon the supervisee in psychoanalytic supervision." Paper presented at A.P.A. Annual Convention, Los Angeles, CA, 1994.

Teitelbaum, S.H. "The themes of illusion and disillusionment in psychoanalytic theory." Paper presented at Division 39 conference, New York, N.Y. 1999.

Teitelbaum, S.H. "Illusion, disillusionment, and defenses." Paper presented at the Training Institute for Mental Health, 1999.

Teitelbaum, S.H. "Erich Fromm and the problem of illusion." Paper presented at the International Federation of Psychoanalytic Societies, Brooklyn, New York, 2000.

Herron, Wm.G. and Teitelbaum, S. "Traditional and intersubjective supervision." *The Clinical Supervisor*, 2001, 20, No. 1, 145-159.

Teitelbaum, S.H. "Illusion and disillusionment: core issues in psychotherapy." Paper presented at Division 39 Conference, New York, N.Y. 2002.

Teitelbaum, S.H. "sports celebrity justice." *Clio, Journal of Psychohistory Society*, June, 2008.

Teitelbaum, S.H. "Adapting to the changing scene in psychoanalytic practice." Paper presented at A.P.A. Annual Convention, Boston, MA, 2008

MEDIA PRESENTATIONS

I have appeared on numerous television and radio shows including ABC's *Nightline*, *Good Morning America* and *20/20* to speak on topics related to mental health. I have also contributed to many newspaper and magazine articles.